

Courses on emotional wellbeing, mental health and severe and profound intellectual disabilities



EMOTIONAL WELLBEING

On demand, online 2-6 hour course

£35.00 per person

15% discount for 6+ people

£1000 for upload to your Learning Management System

Can also be delivered in person as a half day course



TRAUMA

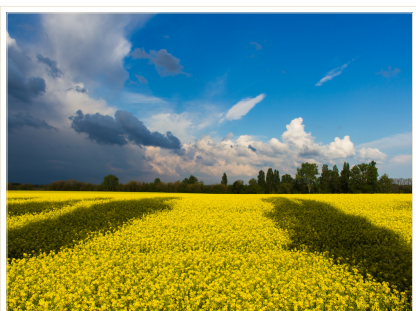
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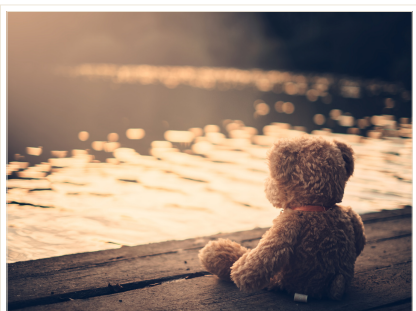


EMOTIONAL REGULATION

On demand, online 1-2 hour course

£10 per person

Can also be delivered in person as a 1-2 hour course



DEPRESSION AND LOW MOOD

On demand, online 1-2 hour course

£10 per person

Can also be delivered in person as a 1-2 hour course



ANXIETY

On demand, online 1-2 hour course

£10 per person

Can also be delivered in person as a 1-2 hour course