

# Adolescent Resource Newsletter

## May 2018



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health ([www.yphsig.org.uk](http://www.yphsig.org.uk))

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### **AYPH: Association for Young People's Health**

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.youngpeopleshealth.org.uk](http://www.youngpeopleshealth.org.uk).

### **Disclaimer**

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.*

**\*\*\* New rules in the UK regarding your privacy - important information \*\*\***

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As you may be aware, a new law in the UK starts in May that helps to keep your information and data safe and secure. The law is called the General Data Protection Regulation (GDPR).

If you no longer want to receive this e-bulletin, please reply to the email this came with. If you change your mind in the future just let us know by email.

**\*\*\*The new HEADSS App is now available for training\*\*\***

This HEADSS training app (from YPHSIG) was launched at the recent RCPCH meeting in March and is available to download for free at

 <https://app.appinstitute.com/headsss>

## Professional Webwatch

### Homelessness

 <https://www.homeless.org.uk/>

**Young & Homeless report 2018** explores the reasons why young people become homeless, the support available to them and areas that need to be improved. The research is based on surveys with local authorities, youth homelessness services and interviews with young people experiencing homelessness in England.

### Safeguarding Young People

 <https://www.childrensociety.org.uk/>

**Thinking about adolescent neglect: a review of research on identification, assessment and intervention (April 2018)**

This report for the Luton Safeguarding Children Board was published to support the development of a strategy to better address adolescent neglect in the area. It focuses on reviewing the available research including around how to identify and assess neglect and evidence of 'what works'. The report includes: a definition of adolescent neglect; the impacts of neglect, ways in which adolescent neglect can be identified, assessed and responded to in practice.

### Young People with Chronic Pain

 [https://www.youtube.com/watch?v=C\\_3phB93rvI](https://www.youtube.com/watch?v=C_3phB93rvI)

An easy to follow video about chronic pain. It helps young people understand what current research has been saying about chronic pain – that it is not a joint or muscle problem, rather a 're-wiring' of the brain perception of itself. In other words, the brain has become more sensitive than before.

## Professional Bookshelf

 Butler G, de Graaf N, Wren B, Carmichael P. Assessment and support of children and adolescents with gender dysphoria. Arch Dis Child 2018;Apr 12 {Epub ahead of print}

 Buzi RS. Young Males and Reproductive Health Care: Are We There? J Adolesc Health. 2018 Apr;62(4):359-360.

 Carosella A, Snyder A, Ward E. What Parents of Children With Complex Medical Conditions Want Their Child's Physicians to Understand. JAMA Pediatr. 2018 Apr 1;172(4):315-316.

 Englander E, McCoy M. Sexting-Prevalence, Age, Sex, and Outcomes. JAMA Pediatr. 2018 Apr 1;172(4):317-318.

 Hale DR, Viner RM. How adolescent health influences education and employment: investigating longitudinal associations and mechanisms. J Epidemiol Community Health. 2018 Apr 3. [Epub ahead of print]

 Hargreaves DS, Sizmur S, Pitchforth J, Tallett A, Toomey SL, Hopwood B, Schuster MA, Viner RM. Children and young people's versus parents' responses in an English national inpatient survey. Arch Dis Child. 2018 May;103(5):486-491

 Hoyt LT, Deardorff J, Marceau K, Laurent CA, Windham GC, Greenspan LC, Pinney SM, Teitelbaum S, Grimm KJ, Hagan MJ, Biro FM, Wolff MS, Kushi LH, Hiatt RA. Girls' Sleep Trajectories Across the Pubertal Transition: Emerging Racial/Ethnic Differences. *J Adolesc Health*. 2018 Apr;62(4):496-503

 Lemke M, Kappel R, McCarter R, D'Angelo L, Tuchman LK. Perceptions of Health Care Transition Care Coordination in Patients With Chronic Illness. *Pediatrics*. 2018 Apr 12. [Epub ahead of print]

 Madigan S, Ly A, Rash CL, Van Ouytsel J, Temple JR. Prevalence of Multiple Forms of Sexting Behavior Among Youth: A Systematic Review and Meta-analysis. *JAMA Pediatr*. 2018 Apr 1;172(4):327-335.

 Moreno MA. What Parents Need to Know About Sexting. *JAMA Pediatr*. 2018 Apr 1;172(4):400

 Moola F. The complexities of contagion: The experience of social isolation among children and youth living with cystic fibrosis in Canada. *J Child Health Care*. 2018 Jan 1. [Epub ahead of print]

 Park E, Kwon M. Health-Related Internet Use by Children and Adolescents: Systematic Review. *J Med Internet Res*. 2018 Apr 3;20(4):e120.

 Puhl RM, Himmelstein MS. Adolescent preferences for weight terminology used by health care providers. *Pediatr Obes*. 2018 Mar 24. [Epub ahead of print]

 Robards F, Kang M, Usherwood T, Sancu L. How Marginalized Young People Access, Engage With, and Navigate Health-Care Systems in the Digital Age: Systematic Review. *J Adolesc Health*. 2018 Apr;62(4):365-381.

 Sherman SM, Nailor E. Attitudes towards and knowledge about Human Papillomavirus (HPV) and the HPV vaccination in parents of teenage boys in the UK. *PLoS One*. 2018 Apr 11;13(4):e0195801.. eCollection 2018.

## Forthcoming Dates for your Diary!

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

### 2018

<b>June</b>		
<b>14</b>	<b>Disability in Adolescence</b> British Academy of Childhood Disability, Bristol	<a href="http://www.bacd2018.weebly.com">www.bacd2018.weebly.com</a>
<b>29</b>	<b>3<sup>rd</sup> annual Northwest Transition conference</b> Liverpool	<a href="https://www.eventbrite.co.uk/e/transforming-transition-in-the-north-west-tickets-45096872961">https://www.eventbrite.co.uk/e/transforming-transition-in-the-north-west-tickets-45096872961</a>
<b>September</b>		
<b>12-13</b> <b>*NEW*</b>	<b>3<sup>rd</sup> International summer course on</b>	<a href="http://www.lesados.ch">www.lesados.ch</a>

	<b>children and adolescents with chronic illness</b> Lausanne Switzerland	
<b>14</b> <b>*NEW*</b>	<b>1st European Transition symposium</b> Lausanne Switzerland	Deadline for abstracts: May 20 <sup>th</sup> 2018 <a href="http://www.lesados.ch">www.lesados.ch</a>
<b>October</b>		
<b>3-6</b>	<b>European International Association for Adolescent health IAAH annual conference</b> Moldova	Further info to follow
<b>November</b>		
<b>7-9</b>	<b>Australian Association for Adolescent Health AAAH conference</b> Marriott, Surfers Paradise, Gold Coast, Queensland.	Information to follow
<b>December</b>		
<b>6-8</b>	<b>Excellence in Paediatrics Prague</b>	<a href="https://eip-pediatrics-conference.ineip.org/">https://eip-pediatrics-conference.ineip.org/</a> includes a specific adolescent medicine track

*Do you know of any other useful resources or opportunities for professional development in adolescent health?*

*If you do, please let us know by email to: [janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk)*