

Young People's Health Resource Newsletter October 2021

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

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YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk and/or follow us on @yphsig

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content

A new book , just out, for young people on how to be comfortable in their skin!

 McPherson T *Skin Conditions in Young People: A Practical Guide on how to be Comfortable in Your Skin* Oxford University Press 2021

- Written for young people in collaboration with several dermatologists, Psychologists, Psychiatrists, Nurses and patient groups. Any profits to go to the BSPD to help develop further resources

CASE NOTE REVIEWERS REQUIRED for NCEPOD study on "Transition from child to adult services"

National Confidential Enquiry for Patient Outcomes and Death NCEPOD is undertaking a **study to explore the barriers and facilitators in the process of the transition of young people with complex chronic conditions from child to adult health services**. NCEPOD are recruiting a multi-disciplinary group of healthcare professionals with a working interest in the care of this group of young people. Case reviewers will be asked to attend meetings during which they will assess case note extracts and questionnaires and provide expert opinion on the care young people receive. Two training days will be held on Thursday 9th December and Monday 20th December via MS Teams (if you are unable to make one of these dates, training on an ad hoc basis is possible). You would typically be required to attend/join a

minimum of 4 subsequent case reviewer meetings at the NCEPOD offices in London or via MS Teams. It is anticipated case review meetings will begin in February 2022 and will run for approximately 6 months. The data collected during these meetings will form a major part of the study's final report. Travel expenses will be reimbursed. NCEPOD are looking for clinicians from a wide variety of specialties, including (but not exclusive to) transition coordinators, paediatricians; physicians and surgeons; nurses; general practitioners; physiotherapists; speech & language therapists; occupational therapists; and hospital-based youth workers; working in primary, community, physical healthcare, and social care, with an interest in transition. NCEPOD aims to recruit clinicians from different clinical grades of at least ST6 and above to ensure that applicants have enough experience for the case note review aspect. Applicants should be in current clinical practice.

Further information about this study including a copy of the study protocol can be found on the webpage: <https://www.ncepod.org.uk/transition.html>

If you would be interested in acting as a case note reviewer for this study, please send a copy of your CV (short version) via email to the contact details below. **The deadline for applications is Friday 29th October 2021.**

Professional Webwatch

Health Transition

 <http://www.11to25hub.com/>

A charity funded project to develop an online resource, supporting health care transition from children's to adult services, supported by Imperial Health Charity – a site to watch as it develops. Follow it on social media @11to25hub

Vocational development of young people

 <https://www.youthemployment.org.uk/youth-voice-census/>

The 2021 Youth Voice Census from Youth Employment UK detailing the views and experiences of young people 14-24 across the UK on a wide range of issues across education, work, job hunting, the impacts of COVID-19 and much more.

 <https://www.autismeducationtrust.org.uk/>

New website of the Autism Education Trust, a not-for-profit organisation supported by the Department of Education.

Mental Health

 <https://www.youngminds.org.uk/young-person/blog/looking-after-your-mental-health-as-you-enter-the-world-of-work/>

ADvice from Young Minds charity for young people as they enter the world of work to help them look after their mental health.

Digital technology

 <https://www.goodthingsfoundation.org/insights/digital-exclusion-and-health-inequalities/>

Digital exclusion and health inequalities. A briefing paper, supported by the Health Foundation, provides an overview of digital exclusion and its relationship to health, social and economic aspects of people's lives.

 <https://diabetesonthenet.com/diabetes-care-children-young-people/consultation-prefs-covid-19/>

Jamroze H, Khaliq R, Zaidi R. **Consultation preferences of young adults with diabetes during the COVID-19 pandemic**

“There is a general preference for the face-to-face style of consultation, with virtual consultations being preferred among non-drivers and unemployed young adults. While anxiety around attending in-person consultations remains due to the pandemic, there is also a need to adopt a person-centred approach in offering clinic appointments to young adults with diabetes”

Professional Bookshelf

 Ambresin AE, Takeuchi YL, Michaud PA. Stop Saying It, Just Do It! Young People's Participation During the COVID Pandemic: A View From Europe J Adolesc Health. 2021 Oct;69(4):674-675.

 Balachandran K. Who will comfort me when I transition to adult services? BMJ. 2021 Sep 2;374:n1792.

 Chisolm DJ, Keedy HE, Hart LC, Chavez LJ, Dolce M, Morack J, Grannis C, Kelleher K. Exploring Health Literacy, Transition Readiness, and Healthcare Utilization in Medicaid Chronically Ill Youth. J Adolesc Health. 2021 Oct;69(4):622-628.

 Collier Villaume S, Stephens JE, Nwafor EE, Umana-Taylor AJ, Adam EK. High Parental Education Protects Against Changes in Adolescent Stress and Mood Early in the COVID-19 Pandemic. J Adol Health 2021 Oct;69(4):549-556

 Gage SH, Patalay P. Associations Between Adolescent Mental Health and Health-Related Behaviors in 2005 and 2015: A Population Cross-Cohort Study. J Adolesc Health. 2021 Oct;69(4):588-596.

 Guthold R, Baltag V, Katwan E, Lopez G, Diaz T, Ross DA. The Top Global Causes of Adolescent Mortality and Morbidity by Age and Sex, 2019. J Adolesc Health. 2021 Oct;69(4):540.

 Katzman DK. The COVID-19 Pandemic and Eating Disorders: A Wake-Up Call for the Future of Eating Disorders Among Adolescents and Young Adults. J Adolesc Health. 2021 Oct;69(4):535-537.

 Meyers N, Friedman S, Anderson-Burnett SA. The Adolescent Mental Health Crisis in the Context of COVID-19: A Pediatric Resident Perspective J Adolesc Health. 2021 Oct;69(4):672-674.

 Mora-Monteros M, Barrense-Dias Y, Auderset D, Stadelmann S, Senn N, Suris JC. Transition from paediatric to adult care: What about the healthy ones? Swiss Med Wkly. 2021 Sep 1;151(35-36). doi: 10.4414/SMW.2021.w30019.

 Newton HL, Picton HM, Friend AJ, Hayden CM, Brougham M, Cox R, Grandage V, Kwok-Williams M, Lane S, Mitchell RT, Skinner R, Wallace WH, Yeomanson D, Glaser AW; Children's Cancer and Leukaemia Group Late-effects Working Group. Inconsistencies in fertility preservation for young people with cancer in the UK. Arch Dis Child. 2021 Sep 20;archdischild-2021-321873.

 Pearce A, Rougeaux E, Deighton J, Viner RM, Law C, Hope S. Can mental health competence reduce the higher risk of smoking initiation among teenagers with parents who smoke? *Eur J Public Health*. 2021 Sep 18;ckab102. doi: 10.1093/eurpub/ckab102. Online ahead of print.

 Proulx-Cabana S, Segal TY, Gregorowski A, Hargreaves D, Flannery H. Virtual Consultations: Young People and Their Parents' Experience *Adolesc Health Med Ther*. 2021 Apr 28;12:37-43. doi: 10.2147/AHMT.S292977. eCollection 2021.

 Raj M, Feldman SJ, Platt JE, Chang T. "If It Needs to be Done, It Needs to be Done": National Survey of Youth Experiences and Perspectives on Caregiving. *J Adolesc Health*. 2021 Oct;69(4):664-667.

 Stephenson T, Shafran R, De Stavola B, Rojas N, Aiano F, Amin-Chowdhury Z, McOwat K, Simmons R, Zavala M, Consortium C, Ladhani SN; CLoCk Consortium members. Long COVID and the mental and physical health of children and young people: national matched cohort study protocol (the CLoCk study). *BMJ Open*. 2021 Aug 26;11(8):e052838. doi: 10.1136/bmjopen-2021-052838.

 Stierman EK, Kalbarczyk A, Oo HNL, Koller TS, Peters DH. Assessing Barriers to Effective Coverage of Health Services for Adolescents in Low- and Middle-Income Countries: A Scoping Review. *J Adolesc Health*. 2021 Oct;69(4):541-548. D

 Stephens SB, Raphael JL, Zimmerman CT, Garland BH, de Guzman MM, Walsh SM, Hergenroeder AC, Wiemann CM. The Utility of Self-Determination Theory in Predicting Transition Readiness in Adolescents With Special Healthcare Needs *J Adolesc Health*. 2021 Oct;69(4):653-659.

 Takeuchi YL, Bonvin R, Ambresin AE. 'Demystifying' the encounter with adolescent patients: a qualitative study on medical students' experiences and perspectives during training with adolescent simulated patients *Med Educ Online*. 2021 Dec;26(1):1979445.

 Wilkinson TA, Meredith AH, Rafie S, Katz AJ, Vielott TL, Meagher CG, Ott MA. Adolescents' and Young Adults' Ability to Self-Screen for Contraindications to Hormonal Contraception and the Role of Chronic Illness *J Adolesc Health*. 2021 Oct;69(4):566-573.

 Zhu H, John-Legere S, Butler M, Hamilton E, Turnbull JR. Fifteen-minute consultation: How to undertake an effective video consultation for children, young people and their families. *Arch Dis Child Educ Pract Ed*. 2021 Oct;106(5):264-268.

Training in Young People's Health

 www.e-lfh.org.uk

The **Adolescent Health programme** has been updated! Please continue to spread the word of this amazing resource for individual use as well small group teaching

Research

 https://www.youtube.com/watch?v=Y8OqmEJZ9Eo&feature=youtu.be&ab_channel=YourRheum

A short animation created by young people to encourage young people with rheumatic conditions to join a national advisory youth panel which supports adolescent and young adult rheumatology research as part of the Barbara Ansell National Network for Adolescent Rheumatology.

The Work Ready Network project.

In your work with young people (in the 10-24 year old age range) do you address vocational issues of any kind with them? We would like to hear from you either way! We are a group of researchers in the University of Manchester who are building a research programme to look at the work readiness of young people with long term health conditions and how professionals and in particular health professionals can support such young people as they enter the world of work.

 Please head to https://www.qualtrics.manchester.ac.uk/jfe/form/SV_egL65CCJ0rxAh2S to anonymously share your opinion. We will use the information collected to inform the development of a network of professionals interested in future research in this area and a potential research agenda.

If you would be willing to be interviewed by phone (or via an online platform if you prefer) for this study, please contact laura.lunt@manchester.ac.uk for further information

The project is led by Dr Janet McDonagh at the University of Manchester in collaboration with colleagues at the University of Manchester and Dundee. Study Twitter account: @WorkReady_UK

Call for submissions addressing Young People's Health

Special Issue in **Healthcare Journal** (Impact factor recently increased from 1.916 to 2.645) "Adolescent and Young Adult Health through a Developmental Lens" (Guest editors Janet E McDonagh and Albert Farre) Submission deadline November 2021.

https://www.mdpi.com/journal/healthcare/special_issues/Adolescent_Young_Adult_Health_Developmental_Lens

New Journal "**Youth**" recently launched. <https://www.mdpi.com/journal/youth>.

Youth is an international, open access, peer reviewed journal on education, sociology, economics, cultural studies and other social perspective of youth and young adulthood published quarterly online by MDPI.

Forthcoming Dates for your Diary!

2021

October		
6	RCPCH online course <i>How to manage Eating Disorders</i> 0930-1600	www.rcpch.ac.uk
7	"a glaring gap": advancing the outcomes for adolescents with health-related needs through collaboration with Dr Erika Payne Webinar 4pm	https://us02web.zoom.us/webinar/register/WN_yyGXIMqTQxyPfzS8KT9rwA
13	Dept of Education, CDC, NCB <i>Making Participation Work. Practitioners conference</i> Free, virtual	http://councilfordisabledchildren.org.uk/our-work/participation/practice/making-participation-work

28-29	Texas Children's Hospital 22nd Annual Chronic Illness and Disability Conference: Transition from Pediatric to Adult-Based Care Virtual conference	https://www.texaschildrens.org/health-professionals/conferences/22nd-annual-chronic-illness-and-disability-conference-transition-pediatric-adult-based-care
Nov		
19-21	IAAH <i>12th World Congress Adolescent Health Meeting the challenge of global change</i> Lima, Peru (re-organised from 2020)	http://www.iaah2020congress.org/en hybrid online/on site model

2022

January		
25	Centre for Adolescent Rheumatology UCL/UCLH/GOSH 6 th Adolescent Rheumatology symposium	https://www.eventbrite.com/e/6th-adolescent-rheumatology-symposium-tickets-171073343977
March		
20-26	International Adolescent Health Week	https://internationaladolescenthealthweek.org/
June		
22	6 th National transition conference, UK	For more information please contact Jacqui.rogers@alderhey.nhs.uk

Also check out: <http://www.youngpeopleshealth.org.uk/events/>

Do you know of any other useful resources or opportunities for professional development in young people's health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk